

Appendix 7: Emotions Wheel

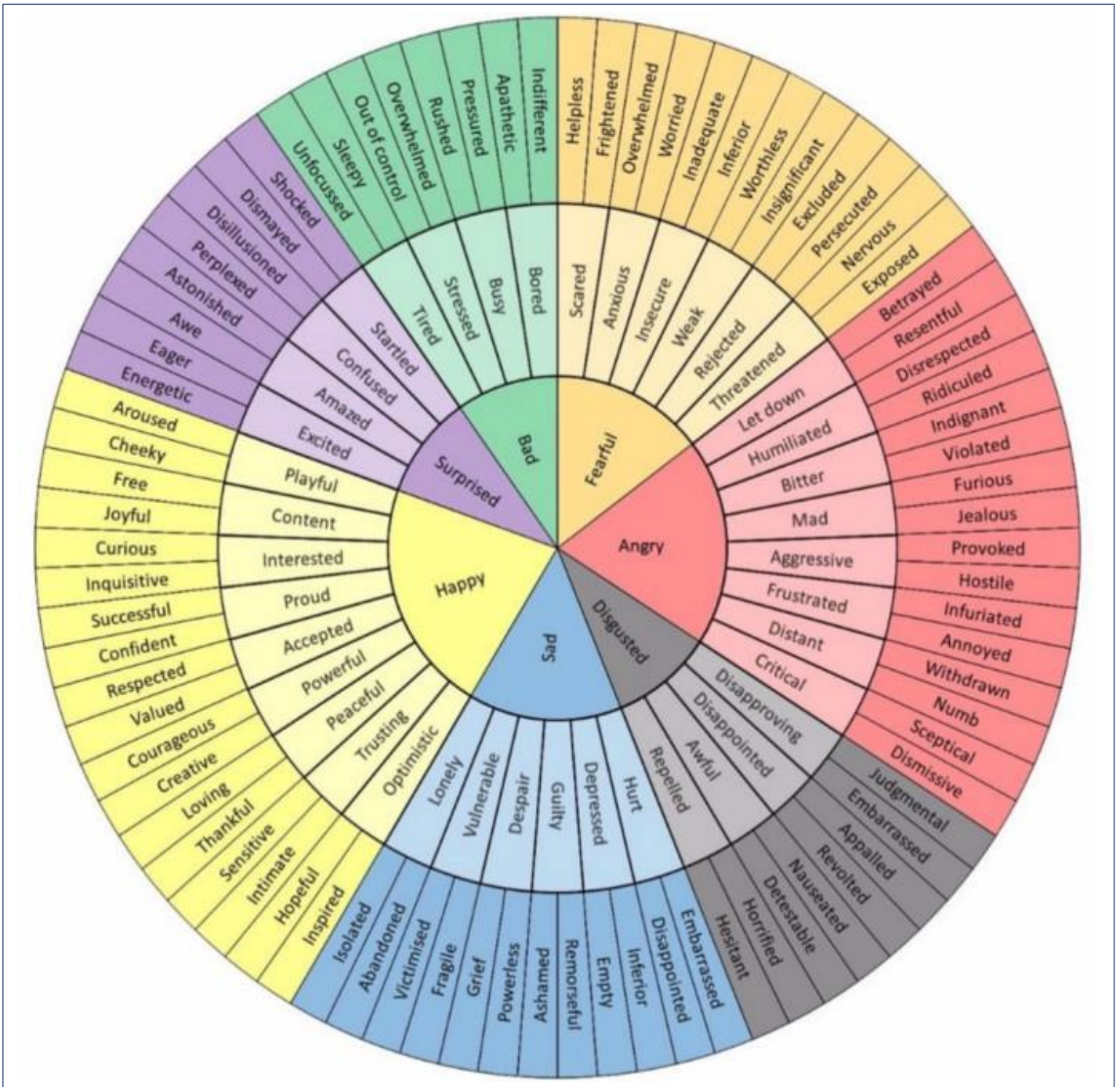


Image by @trainingsbyomy on Instagram, March 27th 2020 in <https://medium.com/age-of-awareness/how-to-use-wheel-of-emotions-to-express-better-emotions->